

Cape Concierge PT NEWSLETTER



Shockwave Therapy: A Game-Changer in Healing

Shockwave therapy is a cutting-edge treatment that utilizes acoustic waves to stimulate the body's natural healing process. By targeting areas of pain or injury, shockwave therapy helps to increase blood flow, promote tissue regeneration, and alleviate discomfort. Whether you're dealing with chronic pain, tendonitis, or muscle strains, shockwave therapy can offer remarkable benefits, including accelerated recovery, reduced pain, and improved mobility.

Client Success Story:

Meet one of our incredible clients—a 58-year-old male runner dealing with chronic plantar fasciitis. Despite trying various treatments, from traditional physical therapy to custom orthotics and cortisone injections, he found himself hobbling out of bed each morning.

Enter Cape Concierge PT and our holistic approach to healing. Over the course of 4 sessions spanning 6 weeks, we combined shockwave therapy with targeted balance exercises and "toe yoga." Fast forward to a follow-up call 4 months later, and our client had a triumphant update—he had successfully completed the Hyannis Half Marathon without a hint of heel pain. Talk about a remarkable turnaround!



Experience Shockwave Therapy Firsthand!

Curious about trying shockwave therapy for yourself? We're thrilled to announce that you can now schedule an appointment at our brand-new office located in Fit Republic Cape Cod. Take the first step towards pain relief and rejuvenated mobility—book your session today!

What are clients saying?

★★★★★ 23 hours ago **NEW**

Ashley is extremely professional and very thorough. She used a combination of techniques to help with my bicipital tendinitis, including shockwave therapy. After the first session I already began to feel significant relief, and after a few more sessions I didn't have any restrictions in functioning. Highly recommend!

★★★★★ a day ago **NEW**

I was having foot pain due to bone spurs when Ashley came to my house and used shock wave treatment on both feet. I am now joining the Nordic hiking group without pain. I am very appreciative!!


★★★★★ 6 months ago

Great experience! Super convenient coming to your home!! On time and incredibly knowledgeable. I've done both deep needling and shockwave therapy. The needling helped my piriformis syndrome like nothing else has!!

We are Now Accepting New Clients!!

Looking to kickstart your wellness journey with personalized physical therapy? You're in luck! Our talented PTs, Stephen and Cheryl, are currently accepting new clients. Whether you're recovering from an injury, aiming to enhance your athletic performance, or simply seeking to optimize your overall well-being, Stephen and Cheryl are here to guide and support you every step of the way.

Ready to take charge of your health and wellness? Reach out to schedule your first appointment with Stephen or Cheryl today!

 Book an appointment online at www.capeconciergept.com today and experience the transformative care we offer.

For those seeking weekend appointments, we've got you covered! Upon request, we're now offering weekend appointments with a small \$40 surcharge. Your well-being is worth it!

As always, we're immensely grateful for your trust and support. Thank you for being an integral part of the CCPT family.

With gratitude and excitement,

Your Cape Concierge PT Team



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