Cape Concierge PT NEWSLETTER



Are you ready for the holiday season?!

As the festive season approaches, we want to remind you that your health is a gift that deserves to be cherished -- even amidst the holiday hustle and bustle! At Cape Concierge Physical Therapy (CCPT), we're here to ensure that your wellness journey continues seamlessly through the holidays.

Give your Family the Gift of Self-Care

With family gatherings on the horizon, why not surprise your loved ones with the ultimate gift of self-care? Head to our website to purchase a gift certificate or set up an appointment for your family members during their visit. Show them how much you care about their health and well-being!



Combat Holiday Stress with our CBD Products

We know the holiday season can bring its fair share of stress, which often manifests as tense necks, shoulders, and backs. Inquire about our CBD products designed to alleviate pain and promote relaxation. And don't let the holiday stress result in sleepless nights, ask about our products today!!

Maximize Your Benefits

Have you met your insurance deductible for the year? If the answer is yes, now is the optimal time to schedule an appointment with us. Your insurance may provide full reimbursement for our services, ensuring you get the most out of your benefits before the year ends.



Not Sure if CCPT is Right for You?

No worries! Visit our website to book a **FREE** 20-minute telehealth consult with one of our providers. We will listen, learn, and give you the resources you need to make an informed decision on your health! At CCPT, we are all about empowering you to prioritize your health and well-being!

We Respect Your Time!

We understand that your schedule is jam-packed, but that shouldn't be a barrier to your well-being. Our concierge physical therapy services bring the care you need directly to your doorstep. No need to sacrifice your time; let us come to you!

Ready to take the next step towards your health and wellness journey? Don't wait any longer!

Book an appointment online at <u>www.capeconciergept.com</u> today and experience the transformative care we offer.

For those seeking weekend appointments, we've got you covered! Upon request, we're now offering weekend appointments with a small \$40 surcharge. Your well-being is worth it!

Follow us @CapeConciergePT!





Thank you for being part of our Cape Concierge PT family. Together, we'll continue to empower and support your journey to optimal health and wellness.

With gratitude and excitement,

Your Cape Concierge PT Team